



**Dr. Yash Gulati**  
**M.B.B.S., M.S. (Orth): Dip. Sports Med. (Dublin)**  
**M. Ch. (Orth), Liverpool, U. K.**

**Senior Consultant**  
**Division of Spine Surgery**  
**&**  
**Division of Joint Replacement, Orthopaedics**  
**Indraprastha Apollo Hospital**  
**Sarita Vihar, New Delhi**



**Medical Registration** : Medical Council of India  
Certificate No: 10173

General Medical Council  
Registration No: 4403683

## PRESENT POSITION

- **Senior Consultant** in Division of Spine Surgery & Division of Joint Replacement, Orthopaedics, Apollo Hospital, New Delhi
- **Honorary Consultant** to Indian Armed Forces.
- **Adjunct Professor**, Indira Gandhi National Open University, New Delhi
- **Honorary Surgeon** to Delhi Cricket Team.

## QUALIFICATIONS

**M.B.B.S.**

**(1977)**

Maulana Azad Medical College,  
**University of Delhi, India.**

Distinction in Preventive and  
Social  
Medicine (More than 80% Marks).

**M.S. (Orth)**

**(1982)**

Maulana Azad Medical College,  
**University of Delhi, India.**



Passed on 1<sup>st</sup> Attempt

This is a two years degree course, which includes working as a resident in Orthopaedics, and also requires acceptance of a thesis as a pre-requisite for appearing in the examination.

**M.Ch. (Orth)**

**(1988)**  
**University of Liverpool,**  
**England.**

Passed on 1<sup>st</sup> attempt

This includes acceptance of a thesis, as a prerequisite for appearing in the examination, which comprises of a written examination in basic sciences and Orthopaedics and a clinical examination in Orthopaedics.

**Dip. Sports Medicine**

**(1994)**  
Royal College of Surgeons, Dublin,  
Ireland.

Passed on 1<sup>st</sup> Attempt.

**DR. YASH GULATI**

**Highlights of Curriculum Vitae**



- Previously worked as Head of Orthopaedic Unit at Ram Manohar Lohia Hospital, New Delhi and Locum Consultant Orthopaedic Surgeon at St. James Hospital, Dublin, Ireland.
- Received Orthopaedic training in England and Republic of Ireland for more than 6 years.
- Did various courses and fellowships in USA, Germany, England, Brazil, Australia and Thailand.

## **SPECIAL INTEREST**

- **Minimal Access Spine Surgery.**
- **Joint Replacement.**

## **SPINE SURGERY**

Following are some of the highlights of my work related to Spine Surgery

- Received highly specialized training in Spine Surgery in Dublin, Ireland & England.
- Introduced Endoscopic Microdiscectomy for Disc Prolapse in India for the first time.
- For correction of Scoliosis, when required 1<sup>st</sup> stage anterior surgery is done by minimally invasive keyhole technique using Thoracoscopy rather than open Thoracotomy method. Second stage surgery is done after a few days using modern spinal implants and intra-operative spinal cord monitoring. Patient is able to mobilize within 2 days of surgery.
- Organized number of workshops on Spine Surgery and have been on teaching faculty for number of conferences/workshops. My paper entitled “Why Anterior Approach to Spine” was awarded **Best Paper Award in Annual Orthopaedic Conference in 1996 in New Delhi.**
- **Demonstrated Live Surgery** related to spine fixation with Pedicle Screw Fixation in **conferences held in Apollo hospital, New Delhi, India, Army Hospital, New Delhi and Bhopal, India.**



- Performed **Live Surgery “Microdiscectomy”** in **Annual Conference of Indian Orthopaedic Associations** held at Patna in January 2003.
- Invited to deliver **prestigious Guest Lecture on “Management of Thoracolumbar Fractures”** in **Annual Conference of Indian Orthopaedic Association** in 2003.
- Invited to deliver **Guest lecture on “Minimally Invasive Spine Surgery in Annual Conference of Uttar Pradesh Orthopaedic Association** in 2003.

### **JOINT REPLACEMENT**

Following are some of the highlights of my work related to Joint Replacement.

- I have been doing Joint Replacement Surgery for over 15 years ever since I started the same in England from 1988 and later in Dublin, Ireland upto 1994. Upon my return to India, this work was continued when I was Head of Orthopaedic Unit at Dr. Ram Manohar Lohia Hospital, New Delhi and later Senior Consultant Orthopaedic Surgeon at Batra Hospital, New Delhi followed by Apollo Hospital, New Delhi.
- **Wrote a thesis on Revision of Hip Replacement in University of Liverpool, England in 1988.**
- On teaching faculty of various conferences and workshops on Joint Replacement in India & abroad.
- **Invited to Indonesia for Golden Jubilee Orthopaedic Conference & I demonstrated Live, Total Knee Replacement and Total Hip Replacement there.** This conference was graced by the presence of President of Indonesia.
- Demonstrated Knee Replacement Surgery Live in conferences in Ludhiana, Jalandhar, Amritsar etc.
- Organized conference and Hands on workshop on Unicondylar Knee Arthroplasty & High Flex Total Knee Arthroplasty at Apollo Hospital, in March 2003. This was attended by approximately 150 delegates and included faculty from India and abroad



## **INTERACTION WITH INDIAN ARMY**

- Invited to perform surgery at Army Hospital, Leh under operation “**Sadbhavana**”, in March 2002. Here the patients were brought from far flung areas like Drass, Kargil etc. I operated on these patient in Army Hospital, leh, Ladakh.

## **TREATMENT OF INTERNATIONAL CRICKETERS REPRESENTING INDIA**

- I have been treating various members of **Indian Cricket Team including Virender Sehwag, Ashish Nehra, Rahul Sanghvi, Vijay Dahiya & Former Cricketers, Bishan Singh Bedi, Chetan Chauhan & Mohinder Amarnath etc.**

## **TREATMENT OF FOREIGN DIPLOMATS**

- I have been treating foreign diplomats from various Embassies. I operated on the wife of Deputy Chief of Mission, US Embassy, New Delhi, son of Ambassador of Kuwait in New Delhi, and the wife of Ambassador of Chile in India. In addition, I have operated on many other Diplomats from different countries including Canada, Germany, France & U. K.

## **DEMONSTRATION OF LIVE SURGERY**

### **Spine Surgery**

- **Demonstrated Live Surgery** related to spine fixation with Pedicle Screw Fixation in **conferences held in our hospital, Army Hospital, New Delhi and Bhopal.**



- Performed **Live Surgery “Microdiscectomy”** in **Annual Conference of Indian Orthopaedic Associations held at Patna** in January 2003.

### **Joint Replacement**

- **Invited to Indonesia for Golden Jubilee Orthopaedic Conference & I demonstrated Live, Total Knee Replacement and Total Hip Replacement there.** This conference was graced by the presence of President of Indonesia.
- **Demonstrated Knee Replacement Surgery Live** in conferences in Ludhiana, Jalandhar, Amritsar etc.